

## EVENING LEARNING CENTER

## MENTORING & TRACKING

## PROUD PARENTING

Proud Parenting serves eligible parents, ages 14 to 24, who are within Imperial County's Probation or Social Services system and/or considered at-risk youth.

### **Proud Parenting is committed to helping young parents:**

- Decrease parental distress and dysfunctional parent-child interactions
- Reduce the number of incidents reported to Child Protective Services
- Reduce domestic violence-related parent offenses
- Develop and practice anger management skills and model alternatives
- Develop and practice positive discipline techniques
- Develop a stronger understanding of child's health, safety, well-being, nurturing and nutrition needs
- Increase knowledge of stages of early childhood development



### **This program includes:**

- One-on-one or group-based: parenting sessions, life skills sessions, and Agression Replacement Training
- Individualized service plans with links and referrals to community-based agencies and services
- Course materials included
- Certificate of Completion
- **\$50.00 gift card upon program completion!**



### **Contact**

To learn more about Proud Parenting, contact Marysol Medina at:

(760) 337-5565  
[marysol.medina@theritetrack.com](mailto:marysol.medina@theritetrack.com)

For admissions information, visit our referrals page:  
[www.theritetrack.com/referrals](http://www.theritetrack.com/referrals)

**RITE**  **TRACK**

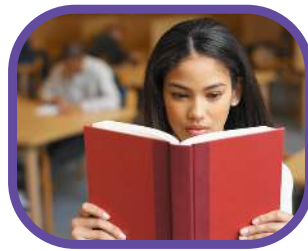
## EVENING LEARNING CENTER

## MENTORING & TRACKING

Rite Track's Mentoring & Tracking is a diversion program designed to assist youth ages 11 to 18 who require support and community-based services, or who are in need of assistance accessing community and diversion services. Each participant is matched with an age-appropriate role model who provides 24/7 mentorship throughout their program participation. The program focuses on providing youth academic support, court support, and assistance accessing community services.

### Services through Mentoring & Tracking include:

- Individualized Service Plans
- Trauma-Informed Practices
- Participant Liaison and Advocate
- Community Service Opportunities
- Social Skills Workshops
- Employment Readiness and Linkage
- Educational Support
- Court Support
- Pro-Social Mentoring Activities
- Substance Abuse Support
- Supportive Services
- Linkage to Community Resources
- Individualized Clinical Services



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## EVENING LEARNING CENTER

The Evening Learning Center (ELC) operates five days a week, 52 weeks a year, during peak crime hours. The program provides evidence-based, non-residential, supervision, and diversion services to youth ages 11 to 18.

The ELC provides youth with therapeutic services in a community-based program setting that supports their individual learning styles and strengths, and reinforces pro-social behaviors. The goal of this program is to help youth transform maladaptive behaviors into adaptive behaviors.



### Services available through the Evening Learning Center include:

- Cognitive Behavioral Therapy
- Thinking for a Change
- Aggression Replacement Training
- Seeking Safety
- Cognitive Behavioral Interventions for Substance Abuse
- On-site Clinical Services
- Trauma-Informed Practices
- Case Management Services
- Positive Skill Development
- CPR/First Aid Certification
- Community Service Opportunities
- Recreational Activities (including gym, sports & more!)
- Homework Support
- Art Classes
- Field Trips
- Linkage to Community Resources



### Contact

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[marysol.medina@theritetrack.com](mailto:marysol.medina@theritetrack.com)

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**RITE TRACK**